



## Center for Multicultural Health

### THE CONNECTION NEWSLETTER

LINKING HEALTH AGENCIES AND COMMUNITY ORGANIZATIONS THAT WORK WITH MINORITIES IN UTAH

**October 2007 Issue # 16**

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#### HOW TO GET CULTURALLY COMPETENT IN HEALTH CARE

(ARA) - As the demographics of America's patient population rapidly becomes more diverse, the cultural competence of our physicians is imperative to enhancing positive health care outcomes. Culturally competent care brings together a combination of attitudes, skills and knowledge that allows health care providers to better understand and take care of patients whose cultural backgrounds, religious beliefs or gender are different from their own.

Recent legislation across the U.S. underscores the need for culturally competent care in all areas of medicine. New Jersey was the first state to pass a law that ties cultural competence education to medical licensure. California and New Mexico have enacted similar legislation, Illinois has legislation currently pending and other states are following.

"In my own practice, I have seen firsthand the benefits of training our young surgeons to be more sensitive to and more deeply aware of, diverse backgrounds. Physicians who can put their patients at ease and connect with them authentically are more likely to find that their patients follow through with a prescribed treatment," says Ramon L. Jimenez, orthopaedic surgeon, and chairman of the American Academy of Orthopaedic Surgeons (AAOS) Diversity Advisory Board.

The American Academy of Orthopaedic Surgeons (AAOS) has recently created a culturally competent care program to familiarize orthopaedic surgeons with specific beliefs, customs, ethnic, racial and gender-based differences, so they can better understand and meet the needs of patients with diverse backgrounds.

As orthopaedic surgeons take steps to further understand cultural differences that affect their care and treatment of patients, it's important that patients get involved with their health care as well in order to get the best results. The most important thing to remember is to always speak up and ask questions. Honest communication with your doctor helps reduce any misunderstandings, creating an environment for the best care possible.

Follow these patient tips from the AAOS to help ensure a successful visit to the doctor:

#### Be Prepared

- \* Bring a written list of medications and supplements you currently are taking.
- \* Bring a document of your medical history including recent operations and treatments.
- \* Think about concerns and questions related to your health prior to your visit.
- \* Bring a family member or friend with you if you are uncomfortable or have communication barriers.

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## HOW TO GET CULTURALLY COMPETENT IN HEALTH CARE

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### Communicate

- \* If you cannot understand the language your doctor uses, you have the right to ask for translation or clarification.
- \* Be open about your personal, cultural, spiritual, or religious issues. Tell your doctor if you have certain cultural needs or preferences as they relate to your interaction with health care professionals, your treatment plan, and your recovery.
- \* Tell the doctor and/or staff if you are uncomfortable being examined by or in the presence of a male or female, or if you have personal restrictions on what parts of your body should remain covered.
- \* Be honest and do not hold back information. Withholding information could affect your diagnosis and treatment. Don't feel shy when talking about embarrassing situations; doctors would rather know than have them not disclosed.
- \* If you object to something the doctor is doing, share your point of view.
- \* Take notes when your doctor discusses your condition and treatment options or ask to record the conversation.
- \* Ask for specific instructions for taking a prescribed medication and the possible side effects.
- \* To make sure you understand your doctor's instructions, tell him or her in your own words what they have told you about diagnosis and treatment. If you do not understand, ask for an explanation.
- \* Ask for brochures, literature or online resources that clearly describe your diagnosis, medical tests and treatment.

Your physician is legally bound to disclose any information you need to make a decision about a recommended course of treatment. For more information visit "Your Orthopaedic Connection" at AAOS: [www.orthoinfo.org/diversity](http://www.orthoinfo.org/diversity).

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## THE CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP) IS NOW ACCEPTING APPLICATIONS

In order to get the word out about the program, the Department of Human Services is working with the Department of Health to supply posters, brochures and applications to offices and facilities around the state.

Would you be willing to put posters up in your facility and have information available to the families you serve? The posters and materials should be ready by the end of September. Let us know how many posters, brochures and applications you could use and the name and address of a contact person. The materials are also available in Spanish.

There is also a CHIP van that can be parked at a location where we might be able to sign up low income residents. If you know of an event where we can have this van contact us.

Thank you for helping get the word out about CHIP.

If you have any questions, please contact Manuel Romero (801)538-9875 [mromero@utah.gov](mailto:mromero@utah.gov)

Or visit CHIP Van State Tour <http://dohnet/bboard/2007/0709CHIPTour.pdf>

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## BINATIONAL HEALTH WEEK

The Mexican Consulate in Salt Lake City promotes different social programs for the Hispanic community through the Institute of Mexicans Abroad. The four major areas of this program include education, health, sports, and culture.

In the health area we are promoting the Binational Health Week (BHW) which is a week of events, facilitated by the California-Mexico Health Initiative, an initiative of the University of California Office of the President, emerge annually from networks forged among agencies and organizations working on migrant health issues and, in turn, foster ongoing collaboration. Main partners include the Secretariats of Health and of Foreign Affairs of Mexico, El Salvador, and Guatemala, the Institute for Mexicans Abroad, the Mexican Social Security Institute, California's Department of Health Services, The California Endowment, the California HealthCare Foundation, and the Robert Wood Johnson Foundation.

Binational Health Week (BHW) has become one of the largest mobilization efforts in the Americas to improve the health and well-being of underserved immigrants and migrants of Mexican and Central American origin living in the United States, Canada, and Mexico. It encompasses an annual weeklong series of health promotion and health education activities that include workshops, treatment and insurance referrals, and medical screenings.

As part of this health week, there will be different health fairs free of charge in the State of Utah:

**Date: October 13, 2007**

**Place: Centro de la Familia "Honeyville" Head Start Center**

**Address: 6980 N. 2550 W. **Honeyville**, UT 84314**

**Phone: (435) 279-1088, (435) 279-1089, (435) 279-1090.**

**Time: 10:00 AM – 2:00 PM**

**Date: October 13, 2007**

**Place: **Midvale** Boys and Girls Club**

**Address: 7631 South Chapel Street (425 West).**

**Time: 10:00 AM – 2:00 PM**

**Date: October 20, 2007**

**Place: Dixon Middle School**

**Address: 750 W 200 N **Provo****

**Time: 10:00 AM – 2:00 PM**

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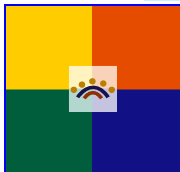
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## THE CENTER FOR MULTICULTURAL HEALTH VS THE MULTICULTURAL HEALTH NETWORK

Since many people in the community are confused about the differences between the Center for Multicultural Health (CMH) and the Multicultural Health Network (MHN), here is a little bit of history to clarify the difference between these two entities.

### HISTORY

In November of 2003, Utah Issues, a non-profit organization, and a group of advocates organized a summit for health providers, state and local health departments, community advocates, and policymakers to address health disparities in the state of Utah. The summit produced several recommendations for building Utah's capacity to eliminate health disparities.

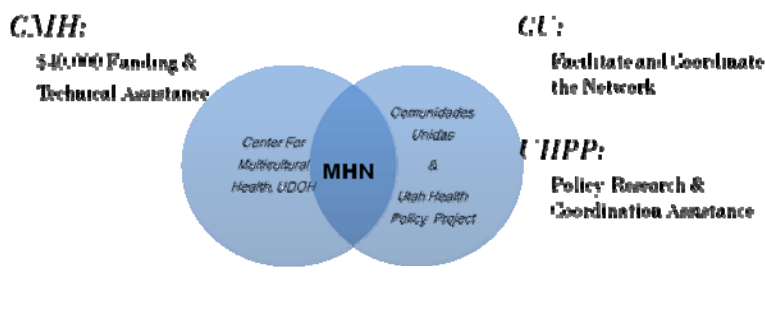
#### Top Recommendations:

- ◆ Re-establish a new ***Center for Multicultural Health (CMH)***. Through the collaborative efforts of summit planners and participants, the Utah State Legislature appropriated an initial amount of \$50,000 to establish the CMH or State Office of Minority Health
- ◆ Formalize a community based coalition or network dedicated to improving the health status of Utah's ethnic and racial minorities known as the ***Multicultural Health Network (MHN)***.

The CMH is the Utah Office of Minority Health. It is part of the Utah Department of Health, Division of Community and Family Health Services.

Through funding provided by the Federal Office of Minority Health, the Center for Multicultural Health funds the Multicultural Health Network. A non-profit community based organization with experience working with racial and ethnic minorities is contracted by the Utah Department of Health, Center for Multicultural Health (UDOH, CMH) to coordinate this network. This is an annual competitive application. Grant extension depends upon satisfactory performance.

In September of 2006, *Comunidades Unidas*, a non-profit grass root organization, became MHN's fiscal and facilitating agent and subcontracted the *Utah Health Policy Project* to combine forces and provide the leadership and vision needed to eliminate health disparities in Utah.



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## THE CENTER FOR MULTICULTURAL HEALTH VS THE MULTICULTURAL HEALTH NETWORK

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The Multicultural Health Network currently has a listserv of over 500 members representing the public, private and non-profit sectors. Most of our work is done through our 3 work group committees focused on eliminating health disparities through targeted focus areas, which includes a Policy/Coverage/Access Committee, a Culturally and Linguistically Appropriate Services (CLAS) Committee, and a Data/Research Committee. Each committee recently reported on their work at our 4<sup>th</sup> Annual Health Disparities Conference held on August 10th at the Radisson Hotel in Downtown Salt Lake City (for conference details go to [www.health.utah.gov/cmh](http://www.health.utah.gov/cmh) and click on the 'Multicultural Health Network' link).

MHN is currently accepting nominations for ethnic representatives who are active in their communities and passionate about their communities' current health issues to serve on our Steering/Leadership Committee.

To participate in the MHN Network or if you like to nominate someone for the Steering/Leadership committee contact Isabel [Isabel@cuutah.org](mailto:Isabel@cuutah.org) Or 801-566-6191.

### BRIDGING THE GAP MEDICAL INTERPRETER TRAINING

The TB Control/Refugee Health Program will be offering a forty-hour "Bridging the Gap" medical interpreter training course to be held November 1, 2, 3, 8, and 9. The course will be located at the Cannon Health Building (288 North 1460 West) in Salt Lake City, Utah. Classes will begin promptly at 8:00 am and will continue until 4:00 pm.

There will be no registration fee to attend this course and all course materials will be provided to you free of charge. However, participants will be expected to attend the course in its entirety. In addition to being fluent in English, all applicants MUST be fluent in a second language and must be willing to act as a medical interpreter. Priority will be given to applicants who work within the refugee health, Tuberculosis control, HIV and STD prevention setting.

All participants who attend the entire forty-hour training and successfully complete the final exam will receive a certificate of completion. If you have staff whom you think could benefit from this course, please fill out the enclosed application and return to us by October 18, 2007. Enrollment is limited to 20 participants, so it is critical that only those persons willing to commit to the entire forty-hour course apply.

If you have further questions concerning this course, please feel free to call 350-8136. We look forward to seeing your applications.



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## GRANTS, INTERNSHIPS AND FELLOWSHIPS OPPORTUNITIES

Verizon Foundation Literacy grants are available to organizations committed to basic literacy skills in the United States. Verizon has invested in a network of collaborative literacy partners, offering wide variety of programs with a focus on e-learning. Verizon's leadership in technology and communications provides the distribution network. Maximum Award: varies. Eligibility: 501(c)3 organizations. Deadline: November 30, 2007.

<http://foundation.verizon.com/02008.shtm>

The application for the FY 08 UCAN Community mini-grants has been posted to the member home page. The direct link is here <http://health.utah.gov/ucan/images/Memberpag/08Comp%20Cancer%20Community%20grant%20RFP.doc> The application is due back electronically by October 19 and grant applicants will be notified by October 29 of whether they did or did not receive funding. Instructions for the mini-grant application is on the first page. Please let me know, if you have any questions about how to complete the form.

The Henry J. Kaiser Family Foundation is accepting applications for the 2008 Barbara Jordan Health Policy Scholars Program. This opportunity is for college seniors and recent college graduates who have a strong interest in addressing racial and ethnic health disparities, or who are themselves a member of a population that is adversely affected by racial and ethnic health disparities. The application deadline is 5:00pm ET on December 14, 2007.

The Kaiser Family Foundation operates the program in partnership with Howard University. Application materials and more information are available online at [www.bjscholars.org](http://www.bjscholars.org). For questions, please contact program director Cara James, Ph.D., at (202) 347-5270 or [cjames@kff.org](mailto:cjames@kff.org) or program manager Jomo Kassaye at (202) 238-2385 or [jzkassaye@howard.edu](mailto:jzkassaye@howard.edu)

Families USA is accepting applications for the Wellstone Fellowship for Social Justice and the Villers Fellowship for Health Care Justice. The application deadline for both fellowships is January 15, 2008. <http://www.familiesusa.org/about/wellstone-fellowship.html>

For more grant opportunities visit the previous issues of *The Connection*  
<http://www.health.utah.gov/cmh/news.html#newsletters>

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## JOB OPPORTUNITIES

### JOB OPENING - HUNTSMAN CANCER INSTITUTE

Job Title: Administrative Program Coordinator – Hispanic/Latino Outreach

This position is responsible for developing, coordinating, and implementing outreach activities to the Hispanic/Latino community in Utah and the Intermountain West.

Please call Donna Branson at 801-585-6809 or e-mail: [donna.branson@hci.utah.edu](mailto:donna.branson@hci.utah.edu)

Apply on-line at <http://www.hr.utah.edu/careers/> the job number is 30581.

Job - Program Coordinator Utah Farm worker Program/ Outreach Workers

Requirements: Bilingual Spanish/English, computer literate, Work a Flexible Work Schedule,

Temporary Positions Available in: Southern Utah County, Northern Utah & Salt Lake County, and Ogden. There is a potential for transition into permanent employment.

Send resume, cover letter, 3 references & driving record to Corrie

Futures Through Training - An Equal Opportunity Employer 1140 36th St #150 Ogden, Utah 84403 or by email: <mailto:ExplorerCor@aol.com>

Summit County is currently recruiting for a full time Clinical Assistant I. Performs a variety of working level secretarial and technical clinical duties as needed to expedite the administrative processes of public health programs. Spanish language preferred but not required. Serves as personal secretary to Nursing Director or other professional staff.

**Minimum Qualifications:** Graduation from high school and one (1) year of directly related experience as a clinical aide.

**Salary:** \$11.60 - \$16.29/hr.

Summit County is a drug free workplace conducting pre-employment and random drug testing.

Applicant must submit a completed [Summit County Application](#).

For an application and [complete job listing](#) please contact Personnel at 435-336-3265.

For more grant opportunities visit the previous issues of *The Connection*

<http://www.health.utah.gov/cmh/news.html#newsletters>



## JOB OPPORTUNITIES ( II )

United Way of Utah County is looking for a full time AmeriCorps VISTA leader to help nonprofit organizations in rural areas effectively recruit for and utilize volunteers, coordinate with other VISTA members in a statewide project to collect information for reports, and help with everyday operations at the United Way of Utah County Volunteer Center. For more information please contact Kristen at 374-2588 or send a resume and cover letter to [kpratt@unitedwayuc.org](mailto:kpratt@unitedwayuc.org). An online application with AmeriCorps is also required.

Closing Date: October 15<sup>th</sup> [www.unitedwayuc.org](http://www.unitedwayuc.org)

Location of Position: Provo

### **BEST (Building and Enhancing Skills for Teens) Program Bilingual (English/Spanish) Research Assistant**

#### **Persons to Contact for More Information:**

Dr. Mandy Allison: 801-581-4211 or [mandy.allison@hsc.utah.edu](mailto:mandy.allison@hsc.utah.edu)

Dr. Jason Burrow-Sanchez: 801-581-6212 or [sanchez\\_j@ed.utah.edu](mailto:sanchez_j@ed.utah.edu)

## CONFERENCES - EVENTS

### **MOBILIZING MEN IN THE FIGHT AGAINST DOMESTIC VIOLENCE**

October 12, 2007 @ the E-Center, 3200 Decker Lake Dr. West Valley City

For more information contact south Valley Sanctuary Phone: 801-255-1095 Fax: 801-255-7319

[www.southvalleysanctuary.com](http://www.southvalleysanctuary.com)

*National Latino AIDS Awareness Day (NLAAD)* is commemorated annually on October 15th in over 300 cities and 37 states across the nation and territories, and this year marks the 5th annual observance. NLAAD was founded to galvanize local efforts and to bridge collaboration on HIV testing, awareness and prevention activities. For more information visit: <http://www.nlaad.org/>

### **Indian Walking Center Annual Health Fair**

Date: Saturday, October 20, 2007

Place: Indian Walking Center 120 W, 1300 S, SLC

More Information: Contact Maeta Navajo 801-486-4877 [mnavajo@iwic.org](mailto:mnavajo@iwic.org)

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## CONFERENCES - EVENTS ( II )

### Rape Recovery Center Support Groups – Fall 2007

Wise Mind Workshop	Wednesdays	1 to 3 p.m.
Adult Support Groups	Tuesdays	5 to 6:30 p.m.
	Thursdays	4 to 5:30 p.m.
Self-Care Group	Tuesdays	7 to 8:30 p.m.
Wise Mind for Teens	Tuesdays	4 to 5:30 p.m.
Spanish Adult Support Group	Mondays	5 to 7:00 p.m.
Secondary Survivors Discussion Group	4 <sup>th</sup> Thursday of every month	
Spanish Speaking Workshop	4 <sup>th</sup> Thursday of every month	

Call 467-7282 for more information

The Cooper Institute and the Measurement & Evaluation Council of AAHPERD have put together an exciting conference on "Diversity in Physical Activity and Health: Measurement and Research Issues and Challenges." The conference will be held at the Cooper Institute, Dallas, TX, October 18 - 20, 2007. This will be the first conference of its kind in the area of physical activity and public health. A pre-conference addressing critical research and policy issues in childhood obesity has also been included. For more information, visit the website: <http://www.cooperinst.org/events/scientific/index.cfm>

OCT. 20 - "Cultural Competency: Leading Change Across Sectors," a session at OD Network conference October 21- 24 in Baltimore.

<http://www.odnetwork.org/events/conferences/conf2007/prepost.php#P7>

OCT. 24 - "Cultural Competency for Quality and Success" Workshop to be held during California Association of Nonprofits annual conference in Los Angeles, October 24-25.

The workshop is sponsored by PHFE Management Solutions.

See <http://www.canonprofits.org/events/building-strong-nonprofits/track-f-hot-topics.html>

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## NEW PUBLICATIONS ON MINORITY HEALTH

The New England Journal of Medicine recently published *Immigrants and Health Care — At the Intersection of Two Broken Systems* <http://ga3.org/ct/Z7AYWZ51bzKL/>. This personal account by Dr. Susan Okey describes her work with uninsured immigrants in Montgomery County, Maryland and discusses the inadequate state of health care and lack of access that affect this population.

American Journal of Epidemiology issued a report, *The Effect of Adverse Housing and Neighborhood Conditions on the Development of Diabetes Mellitus among Middle-aged African Americans* (<http://ga3.org/ct/ZdAYWZ51bzKS/>) which demonstrates that African Americans living in substandard housing have an increased risk of developing diabetes.

The United States Census Bureau has released “Income, Poverty and Health Insurance Coverage in the United States: 2006” <http://ga3.org/ct/11AYWZ51bzKe/>. This current issue demonstrates an increase in the number of uninsured for a second year in a row. The rate increase was most notable in the African American and Hispanic American populations.

Check out a recent article on "Mua O: 1st Annual Pacific Islander Higher Education Recruitment Program" held here at U.C. Berkeley this past Summer. The article can be found on this link [http://www.epa.net/launch/comvcs/comrpts/item?item\\_id=638454](http://www.epa.net/launch/comvcs/comrpts/item?item_id=638454)

***The National Latino AIDS Action Agenda*** is a community effort to create an up-to-date HIV/AIDS public policy and action agenda that identifies the key Latino needs, sets out specific recommendations, mobilizes Latino/Hispanic community leadership and produces an increase in access to services, equity in funding and better quality of life.

For more information visit: [www.LatinoAIDSagenda.org](http://www.LatinoAIDSagenda.org)

For more grant opportunities visit the previous issues of *The Connection* <http://www.health.utah.gov/cmh/news.html#newsletters>

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**ABOUT THE CMH**

The Center for Multicultural Health (CMH) is the Utah office of minority health. It is part of the Utah Department of Health, Division of Community and Family Health Services.

Our mission is to promote accessible and high-quality programs and policies that help all racial and ethnic minorities in Utah achieve optimal health. We accomplish our mission by increasing public and health professional awareness of persistent race/ethnic disparities and by developing effective health policies and culturally competent programs that lead to better access and utilization of quality health care services in Utah.



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**The Connection**

**Production Editor:**  
Dulce A. Díez

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If you work for the Utah Department of Health, Local Health Departments, or Community Organizations, we would like to hear from you. Please submit feedback, suggestions, ideas, or articles to: [ddiez@utah.gov](mailto:ddiez@utah.gov)

**MULTICULTURAL BROWN BAG SERIES**

**October's Brown Bag**  
**"Emergency Obstetric Care in a Rural Province in Cambodia"**

**Date:** Wednesday, October 24, 2007.

**Time:** 12:00-1:00 PM

**Location:** Utah Department of Health, 288 N, 1460 W, SLC. Room 114.

**Presenter:** Grand Sunada (BYU MPH Student)

**Organized by:** The Center for Multicultural Health

**Purpose of these Brown-Bag Series:** To increase awareness about multicultural health issues and cultural diversity in Utah, the U.S.A and all over the world.

**Target Audience:** Primarily staff from the Utah Department of Health and Utah's local health departments but anyone interested can attend them. These brown bags are free and open to the public. You are welcome to bring your lunch.

**Synopsis:**

Worldwide, over half a million women die a year during pregnancy and childbirth and over 99% of these deaths occur in developing countries. Cambodia's Maternal Mortality Ratio is among the highest in Southeast Asia -- 472 maternal deaths per 100,000 live births between 1999-2005.

During this project, an Asian-American Brigham Young University Master of Public Health student teamed up with the Reproductive and Child Health Alliance -- a USAID-funded, local NGO -- to assess the capacity of existing health facilities to provide emergency obstetric care in Pursat Province, one of the many rural provinces in Cambodia.

**Videoconference:**

This brown bag is available to local health departments through video conference. Please, contact Dulce Díez 801-538-9986 or [ddiez@utah.gov](mailto:ddiez@utah.gov) at least one week in advanced.

For more events visit our calendar  
<http://my.calendars.net/multicultural>

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